

# Pamper Yourself

Here is a tentative schedule for the Moms & Daughters Retreat, May 2-4<sup>th</sup> 2008.

## Friday Itinerary

- 6:30-8:00 Check-in at Geneva Bay Centre - Move into your Rooms
- 7:00 Relaxation lounge open  
Accessorize your nametag  
Concierge Service available  
Sign up for activities and treatments
- 8:30 Appointment "I am *Beloved* by God"
- 9:30 Mom & Daughter Solitude  
Moms and daughters reflect together
- 10:00 Girls' Night Out: For older daughters and their moms

## Saturday Itinerary

- 8:30 Breakfast served in the Lodge
- 9:00 Camp Tour  
Leave from the Lodge Deck for a quick view of Covenant Harbor.
- 9:30 Treatments  
Workshops available or enjoy optional activities (see packet). See packet for descriptions.
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|------------------------|---|
| Retail Therapy         | Skin Care                                       |
| Scrapbooking           | Hair Braiding                                   |
| Architecture boat tour | Massage   |
| T-Shirt Pillows        | Comfort Food – Caramel Rolls                    |
| Fun with Food          | Giant Swing (girls 7 & under & their moms only) |
- 10:45 Appointment "I am *Precious* to God."
- 12:00 Mom & Daughter Solitude  
Moms and daughters reflect together
- 12:30 Lunch
- 1:30 Treatments  
Workshops available or enjoy optional activities. See packet for descriptions.
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|------------------------|--|
| Talking to God         | Climbing Challenge – 5 <sup>th</sup> grade and older |
| Architecture boat tour | Comfort Food – no bake snacks                        |
| Massage                | Hair Braiding  |
| Accessorizing          | T-shirt Pillows                                      |
| Fishing                | Lawn Sports  |
| Creation Station open  |  |

- 2:45-5:00 Free Time  
 Enjoy any or all of the activities listed here. Check the packet for descriptions and details.  
 \* Denotes that sign up is required.
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|-----------------|-------------------------------------|
| *Climbing Tower | Crafts                              |
| *Boat Rides     | Bounce Castle                       |
| *Lake Walk      | Tree Swing                          |
| Lawn Games      | Mtn. Boarding                       |
| Archery         | Camp Store – Snacks and Harbor gear |
- 5:45 Dinner in the Lodge
- 6:45 Appointment “I am *Accepted* by God”
- 8:00 Mom & Daughter Solitude  
 Moms and daughters chat together on own
- 8:45 Fashion show and Premier Party  
 Mom and daughter look alike contest
- 10:30 Girls Night Out: For older daughters and their moms

## Sunday

- 8:30 Breakfast
- 9:30 Appointment “I am *Chosen* by God”
- 11:00 Good bye and see you next year!

*Thanks for a Great Weekend! Please move out of your rooms by 1:00 pm.*